

# Bachelor of Health Science – Chinese Medicine (BHSCCHM20)

## 1. About the Bachelor of Health Science – Chinese Medicine

Chinese Medicine is a system of primary health care that works holistically to maintain or restore balance and harmony in our bodies. Chinese Medicine philosophy is based on principles of Yin and Yang and the concept of Qi. The origins of Chinese Medicine go back thousands of years, and work with the philosophy that balanced and free-flowing Qi (energy) results in health, while stagnant or imbalanced Qi leads to disease. Chinese Medicine is truly holistic in its approach and believes that the body, mind, spirit and emotions are all interlinked. It recommends that we as humans follow the universal laws of nature to achieve total harmony and health.

This four-year Chinese Medicine degree covers both acupuncture and Chinese herbal medicine and is approved by the National Australian accreditation body TEQSA (Tertiary Education Quality and Standards Agency) and by the CMBA (Chinese Medicine Board of Australia).

With this degree you will gain knowledge about how disease is viewed from a Chinese Medicine perspective and explore how this ancient medicine can prevent illness.

### Graduate employment opportunities

As a graduate of the Bachelor of Health Science (Chinese Medicine degree), there are a number of career opportunities available to you. There is a continually growing demand for skilled practitioners to work as a Chinese Medicine practitioner in a number of settings such as:

- Private Practice (self-employment) or as part of a multi-modality clinical team.
- Complementary & Multimodality Practices
- Community Programs
- Health Retreats & Day Spas
- Research
- Education
- Retail & Sales
- Sports & Recreation Centres
- Product Development
- Practitioner Consultant
- Marketing & Communication
- Author / Presenter
- Entrepreneur
- Health Promotion & Education
- Product Development (Herbal manufacturing and processing)
- Policy development (government bodies).

## Course recognition

This course is designed to meet the following professional association's requirements:

- Australian Acupuncture and Chinese Medicine Association (AACMA)
- Australian Natural Therapists Association (ANTA)
- Australian Traditional Medicine Society (ATMS)
- Federation of Chinese Medicine & Acupuncture (FCMA)

## Course Overview

<b>Course Title</b>	<b>BHSCCHM20 BACHELOR OF HEALTH SCIENCE (CHINESE MEDICINE)</b>		
<b>Study Options – Domestic Australian students</b>	Full-time Part-time	<b>Study Options – International students</b>	This course is available to international students needing a visa to study in Australia.
<b>Start Dates</b>	February, June, September  For specific dates visit: <a href="https://www.torrens.edu.au/apply-online/key-dates">https://www.torrens.edu.au/apply-online/key-dates</a>	<b>Course Length</b>	Full-time: 4 years Part-time: approximately 8 years
<b>Payment Options - Domestic Australian students</b>	<b>Upfront payment</b> This means tuition fees will be invoiced each semester and payment is required on or before the due date.  <b>FEE-HELP</b> FEE-HELP is Australian Government's loan scheme for higher education degree courses. It can assist you in paying for all, or part of, your course fees. Repayments commence via the tax system once your income rises above a minimum threshold. Just like with any other debt, a FEE-HELP debt is a real debt that impacts your credit rating.	<b>Payment Options – International students</b>	<b>Upfront payment</b> This means tuition fees will be invoiced each semester and payment is required on or before the due date.
<b>Course study requirements</b>	Full Time: 4 years Part Time: 8 years	<b>Assessment</b>	Each subject you complete includes 3 assessments on average. Assessments are mapped to specific subject learning outcomes and may include quizzes, written

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	<p>Full time = 3 x 3hr classes per week plus 21 self-directed study hours (30 hours total per week).</p> <p>Part time = 2 x 3hr classes per week plus 14 self-directed study hours (20 hours total per week).</p>		<p>assignments, presentation, reflective journal, case analysis, literature review and practical exam.</p>
<b>Locations</b>	<ul style="list-style-type: none"> <li>Fitzroy campus, Melbourne</li> </ul>	<b>Delivered by</b>	Torrens University Australia
<b>Provider</b>	Torrens University Australia Ltd is registered as a self-accrediting Australian university by the Tertiary Education Quality and Standards Agency (TEQSA).	<b>CRICOS Course Code</b>	102914J
<b>Provider obligations</b>	Torrens University is responsible for all aspects of the student experience, including the quality of course delivery, in compliance with the <a href="#">Higher Education Standards 2015</a>	<b>Accrediting body</b>	Torrens University Australia Limited ABN 99 154 937 005, CRICOS Provider Code: 03389E. RTO No. 41343
<b>Course Fees</b>	For details, refer to the <a href="#">website</a> .	<b>Any other fees</b>	For details, refer to the <a href="#">website</a> .

## 2. Essential requirements for admission

The general admission criteria that apply to Torrens University Australia courses can be located by visiting the Torrens University Australia website - <https://www.torrens.edu.au/general-admission-information-for-torrens-university-australia-ltd>.

## 3. Student Profile

The table below gives an indication of the likely peer cohort for new students in this course. It provides data on students who commenced in this course in the most relevant recent intake period, including those admitted through all offer rounds and international students studying in Australia. Note: *this is a new course and as such, there is no data for the table below.*

Applicant background	Trimester one / Full year intake [2020]	
	Number of students	Percentage of all students
<b>(A) Higher education study</b> (includes a bridging or enabling course)	0	0%
<b>(B) Vocational education and training (VET) study</b>	0	0%
<b>(C) Work and life experience</b> (Admitted on the basis of previous achievement not in the other three categories)	0	0%
<b>(D) Recent secondary education:</b> <ul style="list-style-type: none"> <li>• Admitted solely on the basis of ATAR (regardless of whether this includes the consideration of adjustment factors such as equity or subject bonus points)</li> <li>• Admitted where both ATAR and additional criteria were considered (e.g. portfolio, audition, extra test, early offer conditional on minimum ATAR)</li> <li>• Admitted on the basis of other criteria only and ATAR was <b>not</b> a factor (e.g. special consideration, audition alone, schools recommendation scheme with no minimum ATAR requirement)</li> </ul>	0  0  0	0%  0%  0%
<b>International students</b>	N/A	N/A
<b>All students</b>	<b>0</b>	<b>0%</b>

Notes: “<5” – the number of students is less than 5.  
N/A – Students not accepted in this category.  
N/P – Not published: the number is hidden to prevent calculation of numbers in cells with less than 5 students.

## 4. Admission Criteria

<b>Title of course of study</b>	BHSCCHM20 - Bachelor of Health Science (Chinese Medicine)
<b>Applicants with higher education study</b>	<ul style="list-style-type: none"> <li>• A completed higher education qualification at AQF level 5 (diploma) or above, or equivalent, from an Australian University or another accredited higher education provider OR</li> <li>• Successful completion of at least 1 EFTSL (equivalent full time student load, or one full year) of an AQF level 6 (Associate Degree) or above, or equivalent, from an Australian University or another accredited higher education provider</li> </ul>
<b>Applicants with vocational education and training (VET) study</b>	<ul style="list-style-type: none"> <li>• A completed vocational education qualification at AQF level 4 (Certificate IV) or above, or equivalent, from a registered training organisation (RTO) OR</li> <li>• Successful completion of at least 1 EFTSL (equivalent full time student load, or one full year) of an AQF level 5 (Diploma) or above, or equivalent, at a registered training organisation (RTO)</li> </ul>
<b>Applicants with work and life experience</b>	<p>Demonstrated ability to undertake study at the required level:</p> <ul style="list-style-type: none"> <li>• broadly relevant work experience (documented e.g. CV), demonstrating a reasonable prospect of success; OR</li> <li>• formal, informal or non-formal study, completed or partially completed, demonstrating a reasonable prospect of success;</li> </ul> <p>OR</p> <ul style="list-style-type: none"> <li>• a written submission to demonstrate reasonable prospect of success.</li> </ul>
<b>English Language Proficiency</b> (applicable to international students, and in addition to academic or special entry requirements noted above)	<p><b>International Students</b></p> <p>Equivalent IELTS 7.0 (Academic) with no skills band less than 6.5</p>
<b>Applicants with recent secondary education (within the past two years) with ATAR or equivalent*</b>	Year 12 or equivalent with ATAR 60

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<b>Title of course of study</b>	BHSCCHM20 - Bachelor of Health Science (Chinese Medicine)								
(for applicants who will be selected wholly or partly on the basis of ATAR)									
<p>. Note: <i>this is a new course and as such, there is no data for the table below.</i></p> <p><i>*ATAR profile for those offered places wholly or partly on the basis of ATAR in T1 2020:</i></p> <table border="1"> <thead> <tr> <th>(ATAR-based offers only, across all offer rounds)</th> <th>ATAR (OP in QLD) (Excluding adjustment factors) *</th> </tr> </thead> <tbody> <tr> <td>Highest rank to receive an offer</td> <td>N/A</td> </tr> <tr> <td>Median rank to receive an offer</td> <td>N/A</td> </tr> <tr> <td>Lowest rank to receive an offer</td> <td>N/A</td> </tr> </tbody> </table> <p><i>Notes: * "&lt;5" – indicates less than 5 ATAR-based offers were made</i></p>		(ATAR-based offers only, across all offer rounds)	ATAR (OP in QLD) (Excluding adjustment factors) *	Highest rank to receive an offer	N/A	Median rank to receive an offer	N/A	Lowest rank to receive an offer	N/A
(ATAR-based offers only, across all offer rounds)	ATAR (OP in QLD) (Excluding adjustment factors) *								
Highest rank to receive an offer	N/A								
Median rank to receive an offer	N/A								
Lowest rank to receive an offer	N/A								

## Other admission options

(For applicants who will be selected on a basis other than ATAR)

<b>Special Entry</b>	Applicants in any category whose study, work or life experiences have been impacted by disability, illness or family disruption will be given special consideration for admission. Each application will be considered on its merit, based on the evidence supplied by the applicant attesting to the circumstances of the applicant. Applicants for special entry may need to complete written or numerical tasks to assist with assessing eligibility for admission.
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If 'Additional Entry Requirements' are required, provide rationale:

First Aid Certificate, Working with Children and Police Check before commencing clinical practicum subjects
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## 5. How to apply

Via direct application to the institution

- <https://apply.torrens.edu.au/b2b/fcta/>

## 6. Advanced standing/academic credit/recognition of prior learning (RPL)

You may be entitled to credit for prior learning, whether formal or informal. Formal learning can include previous study in higher education, vocational education, or adult and community education. Informal learning can include on the job learning or various kinds of work and life experience. Credit can reduce the amount of study needed to complete a degree.

Applicants admitted based on prior higher education study may be eligible for Advanced Standing in the form of credit and/or recognition of prior learning (RPL) under the Torrens University Australia [Credit Policy - \(https://www.torrens.edu.au/policies-and-forms\)](https://www.torrens.edu.au/policies-and-forms).

- Students with completed subjects may be eligible for specified credit and/or elective exemptions
- Students who have completed a qualification at AQF level 5 (diploma) or above may be eligible for block credit (where a block credit agreement exists)
- Students with a mix of formal study and informal and/or non-formal learning may be eligible for recognition of prior learning in addition to any credit approved.

Credit will not be applied automatically. Applicants must apply for credit and/or RPL as early as possible prior to each study period, with applications not accepted after week 2.

For further information about credit and recognition of prior learning, please see:

<https://www.torrens.edu.au/apply-online/course-credits>

## 7. Where to get further information

- Torrens University Australia (TUA) Website
  - <https://www.torrens.edu.au/>
- Universities Admissions Centre (UAC) Website.  
UACs manage the usual process of student university applications and the study offer rounds on behalf of the particular universities that they cover. All TACs are independent of each other, so depending on which state or the number of universities you want to submit an application to, you may need to apply through multiple TACs.
  - <https://www.uac.edu.au/>

Quality Indicators for Learning and Teaching (QILT) Website.

With QILT, you can do side by side comparisons of the quality of the higher education institutions and the study areas that you're interested in.

- <https://www.qilt.edu.au/>

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## 8. Additional Information

### Course Structure

The course structure is based on a standard duration of three trimesters per year, each of 12-weeks duration. A full-time study load consists of 8 subjects per year, for a yearly total of 80 credit points (10 credit points per subject). The four-year course consists of 32 subjects for a total of 320 credit points.

**Core subjects:** 32

**Electives:** Nil

The Course Structure can be viewed or downloaded via the Student Hub, Course Webpage

<https://studenthub.torrens.edu.au/Hub>

### Course Rules

To graduate from this course, a student must satisfactorily complete the 32 specified core subjects for a total of 320 credit points.

### Subjects

**BFD105A****Biological Foundations**

Biological Foundations explores the biological building blocks which make up the human body from the chemical level up to the cellular level. These essential chemistry concepts will assist with building relevant links to the study of human physiology in later subjects. The subject then explores the foundational studies in biochemistry which includes the structure and function of carbohydrates, proteins, enzymes, lipids, DNA and RNA. The concepts of gene expression and regulation are discussed in addition to the cellular membrane structure and transport through the membrane. The study of the biology of the human cell concludes this subject and upon completion equips students to commence study at the tissue level of structure and physiology subjects.

**HWEL2002A****Understanding Health**

This subject provides students an introduction to the diversity of health theories and initiatives to improve health outcomes. Students will engage with key concepts including human right to health, social determinants of health, equality, equity and vulnerability. An introduction to Australia's health system and intersectoral action will also be provided.



**CMF101**
**Chinese Medicine Foundations**

This subject introduces the fundamental philosophies and principles of Chinese Medicine (CM). It provides a solid and detailed account of the theory of Chinese medicine that can be used as a foundation for the further understanding of later subjects in the Chinese Medicine course. This introduction to Chinese Medicine explores the concept of yin and yang theory, wu xing theory, the functions of the organs and vital substances, as well as the causes, development and progression of diseases. It also includes the principles of disease prevention and treatment and covers the principles of Chinese diet therapy and analyses a range of foods according to their energetic characteristics and key medicinal actions, so that by subject conclusion students have the knowledge to recommend specific foods to treat various organ pathologies.

**HSP101A**
**Human Structure & Physiology 1**

Human Structure & Physiology 1 introduces the basic concepts and terminologies required to study and understand the structure and function of the human body. This subject will build on the biological foundations by exploring the interaction and organisation of cells, tissues and organs which forms a basis to study the physiological integration of key body systems. The maintenance and regulation of the internal environment by homeostasis at a system level will be key to students understanding disruption and disease in later subjects. Key physiological and functional processes such as movement, metabolism, oxygenation and protection will be discussed, with body systems including the integumentary, musculoskeletal, respiratory and cardiovascular system the focus of this subject. This subject will provide the first part of an evidence based foundational knowledge of human physiology to guide health practice.

**EBP107A**
**Evidence-based practice**

Evidence-based practice is an essential component of the exercise of clinical judgement in the delivery of quality healthcare. Students will also gain an understanding of how research evidence is translated into practice. This subject provides students with an introduction to health informatics, research and digital literacy, critical thinking and evidence-based practice. Students are guided through the skills necessary to locate, critique and interpret a research article for application to their practice. They will become familiar with quantitative and qualitative evidence, research methodology, basic descriptive and inferential statistics and the foundational skills to be able to evaluate and appraise evidence in healthcare research.

**CCS103A**
**Counselling & Communication Skills**

Counselling & Communication Skills encompasses counselling skills commonly needed by health professionals for effective communication. This subject comprises a practical approach to a variety of communication skills and best practice strategies including promoting change, compliance, obstacles to change, transition and self-care. Sessions facilitate the development of effective listening and responding skills, increased personal awareness and insight in order to assist the building of a professional relationship for interactions with clients, colleagues and members of the community.

**HSP102A**
**Human Structure & Physiology 2**

Human Structure & Physiology 2 will further develop knowledge of the structure and physiology of the human body with special attention given to the integration of human systems and beginning to explore the impact of disturbances in Homeostasis and disruption of normal function. The structure and function of the lymphatic, immune, digestive, nervous, endocrine, urinary, reproductive systems and the special senses are covered in detail including the homeostatic control mechanisms of each system and the integration of the systems in the body. This subject builds on the knowledge and understandings of human structure and physiology, provides the foundation to look at disease, disorders and syndromes and their pathophysiology, in later subjects.

**CMD102**
**Chinese Medicine Diagnosis & Pattern Differentiation**

Chinese Medicine Diagnosis and Pattern Differentiation builds on the basic concepts and theories taught in Chinese Medicine Foundations. In this subject the four diagnostic methods and various pattern differentiation methods are introduced, including visual examination, audio-olfactory, inquiry, palpation, and pattern differentiation according to the eight principles, Qi, Blood and Body fluids. For each diagnostic method, the clinical information gathered is analysed in order to diagnose disease according the patterns of disharmony and determine appropriate treatment strategies and prescriptions. Finally, an introduction to tongue and pulse examinations are developed in this subject.

**HSP201A**
**Human Systems & Pathophysiology 1**

Human Systems & Pathophysiology 1 is the first of two subjects that builds upon the foundational studies in Human Structure & Physiology and then expands student's skills and knowledge into the area of pathophysiology and human disease process. Understanding the pathogenic process and the disruption of homeostasis in relation to disease will be important concepts, in the context of individual, community and population health.

This subject will cover:

Basic pathological processes in response to injury and growth abnormalities.

Immunology, toxicology, microbiology, and their characteristic diseases.

Pathophysiology, symptomatology and clinical manifestations for diseases of the gastrointestinal, neurological and cardiovascular systems.

Introduction to commonly used laboratory tests and interpretation of findings.

**TPL203**
**Channel Theory & Point Location 1**

This subject introduces the study of Chinese acupuncture and provides practical training in the techniques of acupuncture point location. The subject aims to provide fundamental anatomical knowledge required, to accurately locate acupuncture points on a range of body shapes and sizes and is delivered as both theory and practice, based learning. The scope of this subject covers the theory of the 14 primary acupuncture channel trajectories, functions and pathologies. Theory of the secondary, or collateral vessels trajectories, functions & pathologies, acupuncture point locations, dynamics & functions. In practice, students will learn to palpate the superficial anatomy of bones, muscles, joints and major neurovascular acupuncture and use the Chinese acupuncture system of, proportional body measurement to discover the locations of acupuncture points. Safe practice is emphasised throughout the subject. Students learn the practical strategies to enable effective point location while preserving personal & cultural sensitivities. The knowledge and practical skills obtained through successful completion of this subject provide the foundation of further acupuncture study.

**TPL204**
**Channel Theory & Point Location 2**

This subject builds on the content covered in Chanel theory & point location 1. It introduces the study of Chinese acupuncture and provides practical training in the techniques of acupuncture point location. The subject aims to provide fundamental anatomical knowledge required, to accurately locate acupuncture points on a range of body shapes and sizes and is delivered as both theory and practice, based learning. The scope of this subject covers the theory of the 14 primary acupuncture channel trajectories, functions and pathologies. Theory of the secondary, or collateral vessels trajectories, functions & pathologies, acupuncture point locations, dynamics & functions. In practice, students will learn to palpate the superficial anatomy of bones, muscles, joints and major neurovascular acupuncture and use the Chinese acupuncture system of, proportional body measurement to discover the locations of acupuncture points. Safe practice is emphasised throughout the subject. Students learn the practical strategies to enable effective point location while preserving personal & cultural sensitivities. The knowledge and practical skills obtained through successful completion of this subject provide the foundation of further acupuncture study.

<p><b>HSP202A</b> <b>Human Systems &amp; Pathophysiology 2</b></p> <p>Human Systems &amp; Pathophysiology 2 builds upon the concepts explored in Human Systems &amp; Pathophysiology 1 and continues to expand student's skills and knowledge in pathophysiology and the human disease process, in relation to individual, community and public health.</p> <p>The pathophysiology and symptomatology will be covered for various disease states of the musculoskeletal, integumentary, haematologic, respiratory, endocrine, renal and reproductive systems. Conditions specific to gerontology and aging will also be considered.</p> <p>General diagnostic approaches will be introduced and the commonly used laboratory tests and interpretation of such findings for the associated disorders and conditions will continue to be developed.</p>
<p><b>AAT205</b> <b>Acupuncture Ancillary Techniques</b></p> <p>This subject provides instruction in the practical application of ancillary techniques to do with the clinical practice of acupuncture. The techniques introduced include Moxibustion (heat), Gua Sha (spooning), Cupping, Lancing, Dermal Hammer, Micro acupuncture and TuiNa techniques. Tongue and pulse diagnosis are reviewed, practised and extended from previous foundation subjects, and students administer the above techniques in a simulated clinical setting under supervision. Infection control, sterilization, hygiene and safety are reinforced throughout this subject.</p>
<p><b>ATT206</b> <b>Acupuncture Therapeutics &amp; Techniques 1</b></p> <p>This subject is primarily practical in nature and introduces students to supervised needling practice on selected acupuncture points covering all anatomical segments of the body. The logic of acupuncture point selection and prescriptions, methods of needling and further acupuncture point physiology will be covered. Particular emphasis is placed on safety, hygiene and infection control with students working in pairs so that each student becomes aware of the acupuncture experience from both the practitioner and the client's perspective. Tongue and pulse diagnosis are also reviewed, practiced, and extended within this subject.</p>
<p><b>ATT207</b> <b>Acupuncture Therapeutics &amp; Techniques 2</b></p> <p>This subject is a continuation of Acupuncture Therapeutics &amp; Techniques 1. This subject is primarily practical in nature and introduces students to supervised needling practice on selected acupuncture points covering the three foot yang channels, Ren and Du channels, as well as principle non channel points. The logic of acupuncture point selection and combinations, methods of needling and further acupuncture point physiology will be covered in detail. Particular emphasis is placed on safety, hygiene and infection control with students working in pairs so that each student becomes aware of the acupuncture experience from both the practitioner and the client's perspective. Tongue and pulse diagnosis are also reviewed, practised and extended.</p>
<p><b>CMP208</b> <b>Chinese Medicine Pharmacology 1</b></p> <p>This subject introduces the study of traditional Chinese Herbal Materia Medica. The subject examines the therapeutic application of 206 Chinese medicinal substances. Note; of the 206 herbs, 145 will be studied in detail in class while the other 61 are less commonly used and therefore require self-directed learning. It is essential that students have a working knowledge of these herbs. The scope of the study includes their fundamental tastes, thermal properties, functions, key indications, channel affiliations, normal dosage range, and combination with other herbs, cautions, contraindications, preparation and administration. For some toxic herbs, their toxicity and poisoning prevention will be examined. Chinese medicinal substances affected by the Victorian Drugs, Poisons and Controlled Substances Act will be identified.</p>

**CLA207A**
**Clinical Assessment**

Clinical Assessment builds on the theory of the Human Systems & Pathophysiology subjects and develops practical skills for clinical assessment and examination of the client. Skills for history taking, gathering clinical information, observing clinical manifestations, critical analysis of signs and symptoms, identifying red flags, interpreting medical reports, pathology tests and diagnostic imaging are developed. Students will explore a range of physical examination techniques using appropriate equipment to reach primary and differential diagnoses. Students will develop and practice skills in effective communication, respecting clients' privacy, work health and safety concerns as well as the need for referral to other health care practitioners in a professional manner.

**CMP301**
**Chinese Medicine Pharmacology 2**

This subject continues the study of traditional Chinese materia medica introduced in Chinese Medicine Pharmacology 1 and examines the therapeutic effects of the remaining medicinals. The depth of study may vary depending on the importance of the substance and its frequency of use. Note: of the 207 herbs, 157 will be studied in detail in class while the other 50 are less commonly used and require self-directed learning. The scope of the study includes their fundamental tastes, thermal properties, functions, key indications, channel affiliations, normal dosage range, and combinations with other herbs, cautions, contraindications, preparation and administration. For some toxic herbs, their toxicity and prevention of poisoning will be examined. Chinese medicinal substances affected by the Victorian Drugs, Poisons and Controlled Substances Act will be identified.

**CMT302**
**Chinese Medicine Musculoskeletal Traumatology**

This subject is a combination of theory and practical which covers the study of selected traumatology cases, particularly musculoskeletal conditions. The focus is on the differential diagnosis and treatment of regional disorders both from a holistic Chinese Medicine paradigm and a modern bio-mechanical perspective. For each condition a complete acupuncture treatment along with common herbal formulae and lifestyle advice are analysed and studied. Basic physical assessment and selected major orthopaedic tests for each region are also introduced.

Clinical Practicum Requirements:

As part of this students are required to undertake 65 hours of clinical participation. This subject serves as an introduction to the operation of Chinese Medicine clinics from the perspective of the student practitioner. Students are required to begin to integrate all of the theoretical and practical studies undertaken throughout the course by demonstrating basic clinical skills in the Wellbeing Clinic including an understanding and appreciation of all the relevant ethical and legal responsibilities of a practitioner when treating a patient. Students are expected to be actively engaged in the management of a clinic, interaction with patients, forming a diagnosis and treatment principle, as well as engaging in the acupuncture and ancillary therapeutic processes. This will involve observing preliminary case questioning, diagnosis and performing supervised treatments such as moxibustion, cupping and basic acupuncture needling. Feedback regarding progression will be given on a weekly basis.

**DIP303A**
**Integrated Pharmacology**

Integrated Pharmacology comprises a study of basic principles of pharmacology, the pharmacokinetics of drugs commonly used in medical practice and common interactions between drugs, physical therapies and natural remedies. Drugs for pain, inflammation, infection, mental health, cardiovascular, respiratory, gastrointestinal, reproductive and endocrine systems are discussed. Drug actions, uses, contraindications, adverse effects and interactions with natural remedies and physical therapies are discussed, together with implications for naturopathic, nutritional and herbal medicine prescribing. This subject is crucial for the modern healthcare practitioner to understand common medications that patients may be taking and

<p>common interactions between these medications and complementary treatments. This subject also emphasises the need for clear lines of communication and common language between doctors and complementary healthcare practitioners in order to obtain the best health outcomes for clients.</p>
<p><b>CMF304</b> <b>Chinese Medicine Formulae</b></p> <p>This subject expands and builds on the herbal disciplinary knowledge presented in Pharmacology 1 and 2. This subject aims to introduce theory of developing formulae and examines in detail the composition, actions and main therapeutic applications of approximately 120 major formulae. The depth of study may vary depending on the importance of the formulae and their frequency of use. Emphasis is upon the methods of preparation, administration of the herbs, principals of composition, typical modifications, actions, main therapeutic applications and any cautions or contraindications of traditional Chinese herbal formulae. Also included is an indepth study of the comparisons and contrasts relating to formulae within a similar therapeutic category and the function of herbs both singularly and as a synergistic component within the formula.</p>
<p><b>AAT305</b> <b>Advanced Acupuncture Techniques</b></p> <p>This subject introduces advanced acupuncture needling techniques. Acupuncture skills learned in previous subjects are synthesised, and focus is placed upon the safe and effective needling of high risk acupuncture points. Students are required to develop a greater knowledge of, and increased proficiency in, different needling techniques and styles. Advanced electro-acupuncture methods are taught, with an emphasis on the use of electro-acupuncture in acupuncture analgesia. Laser acupuncture theory and practice is also introduced.</p> <p><u>Clinical Practicum Requirements:</u></p> <p>Students are required to undertake 65 hours of clinical participation. The subject continues to build foundation skills in the operation of Chinese medicine clinics. Students are required to continue to integrate all of the theoretical and practical studies undertaken throughout the course by demonstrating basic clinical skills in both the student clinic and external clinical settings. Students are expected to be conversant with and appreciate all the relevant ethical and legal responsibilities of a practitioner when treating a patient. Students are expected to be actively engaged in the management of a clinic, interaction with patients, forming a diagnosis and treatment principle, as well as engaging in the acupuncture and ancillary therapeutic processes. This will involve observing preliminary case questioning, diagnosis and performing supervised treatments such as moxibustion, cupping and basic acupuncture needling. Feedback regarding progression will be given on a weekly basis.</p>
<p><b>CIM306</b> <b>Chinese Medicine Internal Medicine 1</b></p> <p>This subject introduces the study of Chinese Medicine Internal Medicine (nei ke). The subject is comprised of two parts. The first part introduces a number of main diseases of the eyes, ears, nose, pharynx, larynx, mouth and teeth, respiratory, vascular and digestive systems. The second part (CM Internal Medicine 2) introduces some specific blood diseases, disorders of the endocrine system, connective tissue disorders, urinary system disorders and male reproductive disorders. The approach will incorporate an analysis of the above pathologies according to the Chinese Medicine paradigm of differentiation of syndromes (bian zheng) and also incorporate a Western medical classification of disease. For each of these conditions, the aetiology, pathology and formulation of Chinese herbal prescriptions and acupuncture and moxibustion treatments that address the specific requirements of the symptom patterns (zheng) are studied. Lifestyle and safety issues are also addressed.</p>
<p><b>CIM307</b> <b>Chinese Medicine Internal Medicine 2</b></p> <p>This subject continues the study of Chinese Medicine Internal Medicine (nei ke). This second part of this subject covers some specific blood diseases, disorders of the endocrine system, connective tissue disorders, urinary system disorders, male reproductive disorders and common diseases of children and infants. The</p>

approach will incorporate an analysis of the above pathologies according to the Chinese Medicine paradigm of differentiation of syndromes (bian zheng) and also incorporate a Western medical classification of disease. For each of these conditions, the aetiology, pathology and formulation of Chinese herbal prescriptions and acupuncture and moxibustion treatments that address the specific requirements of the symptom patterns (zheng) are studied. Lifestyle and safety issues are also addressed.

Clinical Practicum Requirements:

Students are required to undertake 65 hours of clinical participation. These practica extend the experience of the student in the role of practitioner, enabling them to practice independently, be able to conduct full client consultations which include performing relevant physical examinations), consolidate case-history information, formulate treatment plans, carrying out acupuncture, moxibustion and cupping treatments, provide appropriate dietary and lifestyle advice and undertake administrative duties. Students are expected to be conversant with and understand all the relevant ethical and legal responsibilities of a practitioner when treating a patient. Feedback regarding progression will be given on a weekly basis.

**HPD308**

**Chinese Medicine Herbal Processing & Dispensing**

This subject is both a theoretical and practical based subject with a major emphasis on the safe and accurate dispensing and processing of Chinese medicinal substances. This subject provides practical training in the fundamental skills required to safely and accurately dispense and prepare a Chinese herbal prescription according to the main methods of herbal processing (pao zhi). Students will gain additional experience in the dispensing component of this subject via internal and external work integrated learning. It is expected that this placement will be undertaken within the student clinic and at external clinics. The herbal processing component of this subject covers the objectives of herbal processing is to ensure the correct methods of preparation, alongside an understanding of the legal and ethical issues associated with dispensing herbs, with special attention to S1 herbs.

**CGO309**

**Chinese Medicine Gynaecology & Obstetrics**

This subject covers the study of Chinese Medicine gynaecology and obstetrics. It examines the features of anatomy and physiology of the female reproductive system. This includes the processes of menstruation, pregnancy and birth, as well as gynaecological and obstetric disorders. The aetiology, pathogenesis, differentiation of syndromes, approaches to treatment for each of the main diseases studied will be analysed. For each disease Chinese herbal formulae and/or acupuncture, with suitable modifications for individual cases, along with lifestyle advice will be examined. A short section on male infertility will be included.



**DEM310**
**Dermatology/ External Medicine**

The subject aims to introduce learners to the study of Chinese medicine dermatology. It covers the general features of physiology, pathology and diagnosis as applied to dermatology, as well as the diagnosis and treatment of the common dermatological diseases. For each of the diseases, learners learn to formulate the prescriptions of internal and external used Chinese herbal formulae and/or select points for acupuncture and/or moxibustion. In addition, students learn to advise clients with regard to lifestyle and prevention issues. All disorders studied in this subject are introduced as pathologies from the contemporary Western diagnostic paradigm and then transposed into the Chinese medicine paradigm of differentiation of syndromes (bian zheng) for further discussion.

Clinical Practicum Requirements:

Students are required to undertake 130 hours of clinical participation. This practicum extends the experience of the student in the role of practitioner, enabling them to practice independently and conduct full client consultations, which include performing relevant physical examinations, consolidating case-history information, formulating treatment plans, formulating Chinese herbal prescriptions, preparing and dispensing formulae, carrying out acupuncture, moxibustion and cupping treatments, providing appropriate dietary and lifestyle advice and undertaking administrative duties. Students are expected to demonstrate appropriate ethical behaviour when dealing with patients and to take responsibility for all legal requirements inherent in the patient practitioner relationship. This component synthesises the full range of theoretical and practical studies undertaken throughout the course. Feedback regarding progression will be given on a weekly basis.

**CMC311**
**Chinese Medicine Classics**

This subject is designed to facilitate the exploration of the origin, historical development and clinical significance of the Shan Han Lun and the Wen Bing theories including the diagnosis of febrile diseases, the progression of disease via the six divisions, the 4 phases and the associated symptomatology, pathogenesis, treatment principles and strategies. Particular emphasis in this subject is directed towards the relationship between the six channels and eight guiding principles and zang fu in order to understand and analyse the clinical application of the representative formulae and associated modifications according to syndrome differentiation.

**CLR308A**
**Critical Literature review**

Critical Literature Review (CLR308) provides an opportunity to critically examine the current literature to answer a chosen research question to inform clinical decision-making. The literature review is a scholarly paper that appraises the current knowledge base highlighting strengths, weaknesses and omissions in the literature. The subject builds on established knowledge of literature search methods and critical appraisal skills to culminate in a review that conforms to publication standards.

**CMH312**
**CM Mental Health**

This subject will expand on some of the basic metaphysical principles covered in earlier subjects as well as specific shen (spirit) related disorders according to Chinese medicine theory and practice. The basic Chinese medicine premise of mind and body interdependence will be expanded as it relates to spiritual resources, emotions, personality and behaviour. The framework of this discussion will be focused on Chinese medicine five element theories as well as zang-fu, qi and blood physiology, and jing luo (meridians). This subject then expands on these preliminary concepts through a selection of mental illnesses as diagnosed by the contemporary western approach, applying Chinese medicine symptomatology, aetiology and pathogenesis. Differentiation of syndromes (bian zheng) is applied to formulate a Chinese medicine diagnosis and treatment plan, using both acupuncture and Chinese herbs.

Clinical Practicum Requirements:

Students are required to undertake 130 hours of clinical participation. This practicum provides the final year student with experience in the role of practitioner. Under the supervision and continuous monitoring of qualified Chinese medicine practitioners, student practitioners conduct full client consultations, which include performing relevant physical examinations, consolidating case-history information, formulating treatment plans, formulating Chinese herbal prescriptions, preparing and dispensing formulae, carrying out acupuncture, moxibustion and cupping treatments, providing appropriate dietary and lifestyle advice, and performing administrative duties. This component continues the synthesis of the full range of theoretical and practical studies undertaken throughout the course. Students are expected to demonstrate appropriate ethical behaviour when dealing with patients and to take responsibility for all legal requirements inherent in the patient/practitioner relationship. Feedback regarding progression will be given on a sessional basis.

**EPR307****Entrepreneurship, Professionalism & Business Skills in Health**

Entrepreneurship, Professionalism & Business Skills in Health will introduce students to the concepts of small business management, entrepreneurship and how to identify the professional requirements of their healthcare discipline. This subject will explore the topics necessary to establish and run a successful healthcare practice and maintain their professional status in the healthcare sector. Students will also explore their professional identity to support the understanding of the ethical conduct, liability, legal and regulatory requirements that are pertinent to their specific modality.

This subject will initiate the development of a Business plan using entrepreneurial practices and innovative design thinking. This will include exploring business strategies such as operating policy and procedures, marketing and branding, networking strategies, leadership, administration and financial issues necessary for the operation and management of a contemporary healthcare practice.

**CCC313****Case Conferences**

This subject focuses on the CMBA code of conduct and covers the ethical and legal responsibilities of a Chinese Medicine practitioner, providing students with an understanding and appreciation for the ethical issues of professional practice and how to appropriately address such issues. The subject runs concurrently with clinic practicum 6 and informs students about registration and membership and CPD to prepare students as they transition into the profession. A number of industry speakers are invited to educate, motivate and inspire the students and discuss the management of various diseases with acupuncture/herbal medicines.

Clinical Practicum Requirements:

Students are required to undertake 130 hours of clinical participation. This practicum provides the final year student with experience in the role of practitioner. Under the supervision and continuous monitoring of qualified Chinese medicine practitioners, student practitioners conduct full client consultations. This component synthesises the full range of theoretical and practical studies undertaken throughout the course. Students are expected to demonstrate appropriate ethical behaviour when dealing with patients and to take responsibility for all legal requirements inherent in the patient/practitioner relationship. Feedback regarding progression will be given on a weekly basis. On completion of this subject, students will be able to competently manage a full patient consultation and treatment and will have acquired the skills necessary for membership of professional associations and the Chinese Medicine Registration Board. An exit examination, comprising both acupuncture and herbal medicine treatments, must be completed by each student for successful completion of this subject.



## Locations

The Bachelor of Health Science (Chinese Medicine) can be studied partially online and is delivered at:

- Victoria (Melbourne) Fitzroy campus

## Campus Facilities and Services

All campuses are designed to provide students with professional spaces in which to learn and work. They have been planned with student study needs in mind with well-equipped accessible learning spaces as well as student breakout areas for group work and spending time with friends.

Facilities and Services include:

- ✓ The Customer Service Hub – our friendly and experienced staff can give help and advice about courses, your enrolment and campus life, including all services and activities on campus.
- ✓ Counsellors are available for students to consult with on a range of personal issues
- ✓ Student wireless access throughout the Campus
- ✓ Student break-out and relaxed study spaces for group work
- ✓ Student lounge areas – most with microwaves, fridge and kitchenette facilities
- ✓ The Learning Hub, home to the Learning Support Team, encompasses Learning Skills Advisors, Learning Technology Advisors, and Library & Learning Skills Officers. It provides an integrated, holistic support program for students throughout the study lifecycle within a library/collaborative study environment.
- ✓ Support and workshops with highly qualified staff in the areas of Academic skills, Library skills, and Technology skills, both on campus and online.
- ✓ Physical and digital resources relevant to studies, such as books, journals, multimedia, databases
- ✓ Self-check kiosks for library loans and print and copy facilities

## A positive student experience

Torrens University Australia values the importance of a positive student experience, and therefore has robust processes to resolve student complaints. The Student Complaints Policy, and associated procedures, can be accessed from the [website](https://www.torrens.edu.au/policies-and-forms) (<https://www.torrens.edu.au/policies-and-forms>).

## Paying for your qualification

We offer two payment options for this course:

- **Upfront payment**  
If you want to complete your qualification debt-free you can choose to pay as you go. This means tuition fees will be invoiced each semester and payment is required on or before the due date using EFTPOS, credit card or direct transfer.
- **FEE-HELP**  
FEE-HELP is Australian Government's loan scheme for higher education degree courses. It can assist you in paying for all, or part of, your course fees. Repayments commence via the tax system once your income rises above a minimum threshold (\$45, 881 in 2019-20). Just like with any other debt, a FEE-HELP debt is a real debt that impacts your credit rating.

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Information provided in this document is current at the time of publishing (March 2021).

Further information about FEE-HELP, including eligibility, is available at:

- FEE-HELP website:  
<http://studyassist.gov.au/sites/studyassist/help-paying-my-fees/fee-help/pages/fee-help->
- FEE-HELP booklets:  
<https://www.studyassist.gov.au/need-more-information/help-publications>

### **Austudy and Abstudy**

Students enrolled in this course may be eligible for government assistance, such as [Austudy](#) or [Abstudy](#).