

Bachelor of Health Science (Aesthetics) (BAHSA2016)

1. About the Bachelor of Health Science (Aesthetics)

Are you interested in an exciting career in Aesthetics and Dermal Practice?

Are you ready to advance your scope of practice and drive innovation in the Aesthetics Industry?

The Beauty, Spa and Aesthetics industry is estimated globally at US\$3.7 trillion. Experiencing an exciting level of robust growth and constant innovation, this makes the Beauty & Aesthetics sector three times larger than the Pharmaceuticals industry (US \$1trillion). With this rapid expansion, continual introduction of new technology and increasing consumer demand, the global Aesthetics industry is driving the need for more comprehensive levels of education to support the evolved role of the professional Dermal/Aesthetic Therapist. There is a greater need for professionals to possess more diverse practical capabilities in a clinical framework, supported by a solid theoretical foundation in health science.

Torrens University has responded and developed the Bachelor of Health Science (Aesthetics). This program aims to equip professionals with an underpinning theoretical foundation that supports the practical application of high-demand preventative skin health and anti-ageing dermal therapies. Graduates will be capable of performing and developing advanced skin health protocols, and responding to a diverse range of client/patient conditions using high levels of dermal technology- all whilst making a positive contribution to the advancement of the Aesthetics industry!

Students will thrive in a dynamic and exciting learning environment and love the opportunity to perform high demand treatments, using professional products to deliver great client outcomes. With real clinic experience and access to the latest aesthetic devices, our programs support practical learning outcomes delivered by the industry's best!

Graduate employment opportunities

Graduates will be able to work in the Aesthetic, Health and Wellness and Medi-spa environments. The roles they may undertake include (but are not limited to):

- Aesthetic Clinician
- Dermal Therapist
- Pre and post-operative patient care support (wound healing)
- Clinic and / or Practice Manager
- Paramedical Aesthetician
- IPL and Laser Technician
- Skin health promotion and Education
- Educator and Industry Trainer
- Industry Blogger
- Business Development and Research

Torrens University Australia Ltd, ABN 99 154 937 005, RTO 41343, CRICOS 03389E.

Information provided in this document is current at the time of publishing (March 2021).

Course Overview

Course Title	Bachelor of Health Science (Aesthetics) (BAHSA2016)		
Study Options – Domestic Australian students	Full-time Part-time Dynamic Online Study, Hybrid, on campus	Study Options – International students	This course is currently available to international students requiring a visa to study in Australia
Start Dates	February, June, September For specific dates visit the website	Course Length	Full Time: 3 years Part-time: Options available
Payment Options - Domestic Australian students	<p>Upfront payment</p> <p>This means tuition fees will be invoiced each trimester and payment is required on or before the due date.</p> <p>FEE-HELP</p> <p>FEE-HELP is Australian Government’s loan scheme for higher education degree courses.</p> <p>Further information within this Course Information Sheet</p> <p>It can assist you in paying for all, or part of, your course fees.</p> <p>Repayments commence via the tax system once your income rises above a minimum threshold (\$54,869 in 2016-17). Just like with any other debt, a FEE-HELP debt is a real debt that impacts your credit rating.</p>	Payment Options – International students	<p>Upfront payment</p> <p>This means tuition fees will be invoiced each trimester and payment is required on or before the due date.</p>
Course study requirements	It is expected that each subject, whether studied online or on-campus, will involve a combined total of 120 hours of structured and self-directed learning, which equates to approximately 10 hours a week for subjects over 12-week trimesters.	Assessment	Assessments vary and include: critical analysis and essay writing, literature reviews, needs assessment, project development and evaluation, in-class debates, participation in online discussion forums, short questions, and research projects.
Locations	Brisbane campus	Delivered by	Torrens University Australia

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	Online		
Provider	Torrens University Australia Ltd is registered as a self-accrediting Australian university by the Tertiary Education Quality and Standards Agency (TEQSA).	CRICOS Course Code	090268D
Provider obligations	Torrens University is responsible for all aspects of the student experience, including the quality of course delivery, in compliance with the Higher Education Standards 2015	Accrediting body	Torrens University Australia Limited ABN 99 154 937 005, CRICOS Provider Code: 03389E. RTO No. 41343
Course Fees	For details, refer to the website .	Any other fees	For details, refer to the website .

2. Essential requirements for admission

The general admission criteria that apply to Torrens University Australia courses can be located by visiting the Torrens University Australia website - <https://www.torrens.edu.au/general-admission-information-for-torrens-university-australia-ltd>.

3. Student Profile

The table below gives an indication of the likely peer cohort for new students at the institution. It provides data on students that commenced undergraduate study and passed the census date in the most relevant recent intake period for which data are available, including those admitted through all offer rounds and international students studying in Australia

Applicant background	Semester one 2020]	
	Number of students	Percentage of all students
(A) Higher education study (includes a bridging or enabling course)	7	30%
(B) Vocational education and training (VET) study	<5	N/P
(C) Recent secondary education: Admitted solely on the basis of ATAR (regardless of whether this includes the impact of adjustment factors such as equity or subject bonus points)	0	0%

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Admitted where both ATAR and additional criteria were considered (e.g. portfolio, audition, extra test, early offer conditional on minimum ATAR)	0	0%
Admitted on the basis of other criteria only and ATAR was not a factor (e.g. special consideration, audition alone, schools recommendation scheme with no minimum ATAR requirement)	<5	N/P
(D) Work and life experience (Admitted on the basis of previous achievement other than the above)	<5	N/P
International students	7	30%
All students	27	100.0%

Notes: “<5” – the number of students is less than 5.

N/A – Students not accepted in this category.

N/P – Not published: the number is hidden to prevent calculation of numbers in cells with less than 5 students.

4. Admission Criteria

Title of course of study	Bachelor of Nutrition
Applicants with higher education study	A completed higher education qualification at AQF level 5 (diploma) or above, or equivalent, from an Australian University or another accredited higher education provider OR Successful completion of at least 1 EFTSL (equivalent full time student load, or one full year) of an AQF level 6 (Associate Degree) or above, or equivalent, from an Australian University or another accredited higher education provider
Applicants with vocational education and training (VET) study	A completed vocational education qualification at AQF level 4 (Certificate IV) or above, or equivalent, from a registered training organisation (RTO) OR Successful completion of at least 1 EFTSL (equivalent full time student load, or one full year) of an AQF level 5 (Diploma) or above, or equivalent, at a registered training organisation (RTO)

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Applicants with work and life experience	Demonstrated ability to undertake study at the required level: broadly relevant work experience (documented e.g. CV), demonstrating a reasonable prospect of success; OR formal, informal or non-formal study, completed or partially completed, demonstrating a reasonable prospect of success; OR written submission to demonstrate reasonable prospect of success.
English Language Proficiency (applicable to international students, and in addition to academic or special entry requirements noted above)	International Students Equivalent IELTS 6.0 (Academic) with no skills band less than 5.5
Applicants with recent secondary education	Year 12 or equivalent

Other admission options

Special Entry	Applicants in any category whose study, work or life experiences have been impacted by disability, illness or family disruption will be given special consideration for admission. Each application will be considered on its merit, based on the evidence supplied by the applicant attesting to the circumstances of the applicant. Applicants for special entry may need to complete written or numerical tasks to assist with assessing eligibility for admission.
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5. How to apply

Via direct application to the institution

- <https://apply.torrens.edu.au/>

6. Advanced standing/academic credit/recognition of prior learning (RPL)

You may be entitled to credit for prior learning, whether formal or informal. Formal learning can include previous study in higher education, vocational education, or adult and community education. Informal learning can include on the job learning or various kinds of work and life experience. Credit can reduce the amount of study needed to complete a degree.

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Applicants admitted based on prior higher education study may be eligible for Advanced Standing in the form of credit and/or recognition of prior learning (RPL) under the Torrens University Australia [Credit Policy - \(https://www.torrens.edu.au/policies-and-forms\)](https://www.torrens.edu.au/policies-and-forms).

- Students with completed subjects may be eligible for specified credit and/or elective exemptions
- Students who have completed a qualification at AQF level 5 (diploma) or above may be eligible for block credit (where a block credit agreement exists)
- Students with a mix of formal study and informal and/or non-formal learning may be eligible for recognition of prior learning in addition to any credit approved.

Credit will not be applied automatically. Applicants must apply for credit and/or RPL as early as possible prior to each study period, with applications not accepted after week 2.

For further information about credit and recognition of prior learning please see <http://www.torrens.edu.au/apply-online/course-credits>.

7. Where to get further information

- Torrens University Australia (TUA) Website
 - <https://www.torrens.edu.au/>
- Universities Admissions Centre (UAC) Website
 - <https://www.uac.edu.au/>
- Quality Indicators for Learning and Teaching (QILT) Website
 - <https://www.qilt.edu.au/>

Quality Indicators for Learning and Teaching (QILT) Website.

With QILT, you can do side by side comparisons of the quality of the higher education institutions and the study areas that you're interested in.

- <https://www.qilt.edu.au/>

8. Additional Information

Course Structure

The Bachelor of Health Science (Aesthetics) comprises 24 subjects (10 credit points each).

The course of study is made up of:

- **Core subjects:** There are 11 core subjects (110 credit points), which provides students with a foundation in dermal science.
- **Specializations:** There are 9 specialization subjects (90 credit points).
- **Electives:** There are 4 elective subjects outlined in the course structure (40 points), however students may choose electives from other TUA undergraduate courses, that have been approved by the Program Director (pre-requisites and levels permitting).

The Course Structure can be viewed or download via the Student Hub, Course Webpage

<https://studenthub.torrens.edu.au/Hub>

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Course rules

To graduate from the course, the student must satisfactorily complete 24 subjects to the value of 240 credit points.

Subjects

Subject Descriptions
<p>DGF105 Digital Fluency</p> <p>This subject introduces the concept of digital fluency in a higher educational context. Students will study the relevant resources and explore strategies and techniques to allow full participation in their new academic environment. The subject will embrace research skills and deploy technology to develop the knowledge, ethical frameworks and self-confidence needed to participate fully in contemporary culture. The subject introduces the proficiencies for integrating knowledge from multiple sources, for thinking critically about widely available information, and for participating collaboratively in the communication that information technologies enable.</p>
<p>FAS102 Foundations of Aesthetics</p> <p>The subject focuses on the foundations of professional ethics of the Aesthetic professional, including the concept, history, importance and principles of the profession. It focuses on the professional avenues in which the Aesthetic professional works and highlights professional communication and integration with the other areas of health and wellness. This subject examines the professional career, and the history of Aesthetics education, and discusses their role in society. It also discusses the professional associations and regulatory bodies relevant to the Aesthetics industry.</p> <p>This subject also addresses basic fundamentals in a practical treatment scenario including Occupational Workplace Health & Safety, organisation of the work station, client consultation, treatment planning and professional conduct when addressing client concerns.</p>
<p>HAP103 Human Anatomy & Physiology</p> <p>This subject addresses the knowledge of human anatomy and physiology and the aspects of the structure of organs that make up the human body. It develops the integration of structural and functional knowledge for an understanding of the normal organisms of the human body. The organs of the following physiological systems should be visualised and understood: skeletal, muscular, circulatory, respiratory, digestive, urinary, reproductive, endocrine and nervous systems, as well as the specialised tissues featured throughout the body. This subject leads to the acquisition of structural knowledge, promoting a line of reasoning that will form the basis of understanding and performance of activities inherent to the profession. It also focuses on structural and functional aspects of the organs that comprise the bodily systems, and discusses possible imbalances in homeostasis of the physiological system studied.</p>

CCH104 Cosmetic Chemistry

This subject addresses the complexities of cosmetic chemistry in relation to Aesthetics and how cosmetic preparations physiologically interact with the skin. It develops theoretical knowledge relating to the chemical study of raw cosmetic materials, organic and inorganic cosmetic format, product formulation, application method and how common chemical substances interact with the skin to promote health and positive aesthetic impact. It outlines the main differences between Cosmetology and Pharmacology and analyses the relevant legislation associated with these areas of study.

HMB105 Human Biology

This subject addresses the organisation, structure and function of living beings, with emphasis on cellular and molecular components, discussing the dynamic of the main metabolic pathways and their alterations.

MAT106 Manual Aesthetic Techniques

This subject addresses the foundation and development of manual aesthetic techniques in interdisciplinary and multidisciplinary forms. It develops the practical skills associated with the application of aesthetics treatments of lymphatic drainage of the face and body, and addresses the technical knowledge surrounding client consultation and assessment, contraindications, treatment protocols and planning based on individual client characteristics and variables.

APT107 Aesthetic Practice with Technology I

This subject addresses the basic skills of aesthetic facial techniques. It addresses the use of equipment, basic technology and cosmetic preparations associated with electro-aesthetic facial treatments. It enables facial procedures to be conducted which include cleansing the skin, skin analysis, treatment of skin disorders such as acne and application of products based on identified skin conditions and type. This subject is a pre-requisite to Aesthetics Practice with Technology II.

AET108 Aesthetic Electrotherapy I

This subject identifies and discusses the basic theoretical concepts that underpin electricity supply in the Aesthetics environment. It introduces concepts related to the physical and fundamental aspects of the electrical, mechanical, sound and thermal equipment. It explores and distinguishes the clinical use, application, benefits and discusses workplace health and safety precautions of electrical and mechanical equipment. It also compares a range of treatment scenarios using different electrical modalities that demonstrate contingency management and risk analysis within the Aesthetics.

FHN201 Foundations of Human Nutrition

This subject addresses the general concepts of human nutrition, enabling the identification of healthy dietary habits, the characteristics of a balanced diet and the nutritional deviations and diseases of dietary origin. This subject also addresses the basic impact nutrition has on the skin through direct relation to the physiological processes occurring in the Integumentary, Excretory and Digestive Systems.

BSH202 Biosafety in Health

The learning unit addresses aspects of biosafety, from the organisation of the workplace to the identification and mitigation of risks, as well as accident prevention in teaching and research laboratories, and in health services. Reduction of operational risk, cross-infection and transmission of infectious diseases. This includes infection control guidelines and prevention, sterilisation, risk management surrounding invasive procedures and skin penetration.

PCP206 Professional Clinic Practice I

This subject places the future Aesthetics professional into a clinical work environment (e.g. in a Medi-Spa). Students experience the day to-day practice of Aesthetics in clinics, surgeries and/or other healthcare institutions, with emphasis on aesthetic treatments for the face and body.

CDA204 Cultural Diversity in Aesthetics

The subject discusses Lifestyle, Health and the Environment as complex objects. It addresses cultural and ethnic-racial diversity, and discusses how this impacts on health, lifestyle, well-being, beauty, functionality, body image, quality of life and the environment. This subject explores how cultural diversity in lifestyle, health and the environment impacts the individual, Aesthetics industry as a whole and how this shapes the individual practitioner and their approach to their professional role.

APT207 Aesthetics Practice with Technology II

This subject addresses the complex physical aspects and foundations for the application and operation of advanced aesthetics equipment using electrical, electromagnetic and phototherapeutic resources used in procedures in face and body aesthetics. It includes both theoretical and practical application of skills and knowledge using modern aesthetic technologies.

AET208 Aesthetics Electrotherapy II

This subject addresses facial techniques associated with cosmetic products with acids and state-of-the-art active ingredients, and advanced facial aesthetic technology. It enables facial techniques to be performed, such as treatment of dyschromia, periorbital melanosis, and procedures to prevent ageing.

CCS203 Counselling and Communication Skills

Counselling & Communication Skills encompasses counselling skills commonly needed by the Aesthetician Professional. This subject comprises of a practical approach to a variety of communication skills and strategies including determining best practice treatment options for the patient, promoting change, compliance, obstacles to change, transition and self-care. Sessions facilitate the development of effective listening and responding skills, increased personal awareness and insight in order to assist the building of a therapeutic relationship for interaction between patient, colleagues and other health care practitioners.

HSD205 Human and Social Development

This subject introduces the social, economic, political, cultural and psychological problems that directly influence the formation and operation of the individual in society, focusing on the individual as a product and producer of the socio-environmental relations of which they are a part of.

PCP307 Professional Clinical Placement II

This subject place the future dermal professional into the clinical work environment for industry preparedness. It solidifies the concepts that relate to effective communication and demonstrates the appropriate use of ethical considerations and professional code of conduct in relation to upholding scope of practice. It addresses the need for professional organisations in order to maintain professional currency and commitment to scholarship and provides the learner an opportunity for reflection of legal considerations, innovation and recommended changes to instigate change applicable to the dermal field.

ADC301 Aesthetics and Dermatological Changes

This subject addresses the most prevalent dermatological diseases of the skin in the area of Aesthetics within an integrated approach. This subject combines complex theoretical knowledge of the integumentary system and its associated diseases and conditions, and contextualizes this with the practical skill of clinical skin analysis. This subject also addresses the evaluations of the skin and body, as tools for identifying and resulting in a diagnostic hypothesis.

ABA302 Advanced Body Aesthetics Techniques

This subject incorporates the use of innovative body modalities using a range of advanced technologies and electrical devices to meet client outcomes. It interprets the theoretical concepts that underpin the integumentary, lymphatic, digestive and muscular systems as they relate to aesthetic body techniques. The subject further evaluates prevalent diseases and conditions of the skin/body, to implement treatment evaluations of the skin/body through diligent client assessment.

ASP306 Aesthetics in Surgical Practice

This subject demonstrates broad and coherent technical knowledge of cosmetic and plastic procedures. It explores skin and ageing characteristics, to determine pre and post-surgical outcomes within scope as a dermal therapist. It critically evaluates and prioritises aesthetic treatment plan options, of dermatologic procedures to meet individual patient treatment objectives. This subject constructs and presents treatment plan and skin care regimen recommendations for practitioner review.

ADA303 Advanced Dermal Aesthetics Practice

This subject addresses the knowledge and skills required to design and safely apply non-ionising radiation treatments employing intense pulsed light and laser technologies. In this subject, students acquire the high level technical skills and knowledge required to make independent judgements in the consultation of clients, analysis of skin and hair characteristics, creation and assessment of intense pulsed light and hair reduction treatment plans, selection and application of the appropriate technology for a hair reduction treatment. Students also address the fundamentals of design, operational and technical management functions in a variety of contexts relevant to intense pulsed light and laser treatments.

IRP308 Integrated Research Project

This subject is heavily associated with the student's experiences from Professional Clinical Placement I & II. It addresses the main aspects of Aesthetics and provides opportunity to critically reflect through a designated research project.

MSP304 Medi-spa in Aesthetics Practice

This subject addresses the design and application of wellness programs offered in Medi-spas that combine the following dermal therapies in a spa and wellness context - clinical microdermabrasion, chemical peels, light based therapies, skin needling, fat cavitation, radiofrequency and other body contouring modalities. It addresses the classifications of Medi-spas giving details of their technical, administrative and physical structure. This subject conceptualizes and classifies the impact of stress on quality of life, associating the practical application of Aesthetic therapies and their physiological effects to overall well-being.

MAP305 Management in Aesthetics Practice

This subject discusses management topics in health related to the planning of a business unit, emphasising the need for entrepreneurialism in the area of Aesthetics. It discusses key principles relating to Aesthetic practice management, accounting, professional ethics, legislation and industry relations relevant to this field.

Locations

The Bachelor of Health Science (Aesthetics) can be studied fully online or at the below Torrens University Campus:

- Queensland (Brisbane)

Campus Facilities and Services

All campuses are designed to provide students with professional spaces in which to learn and work. They have been planned with student study needs in mind with well-equipped accessible learning spaces as well as student breakout areas for group work and spending time with friends.

A positive student experience

Torrens University Australia values the importance of a positive student experience, and therefore has robust processes to resolve student complaints. The Student Complaints Policy, and associated procedures, can be accessed from the [website](https://www.torrens.edu.au/policies-and-forms) (<https://www.torrens.edu.au/policies-and-forms>).

Paying for your qualification

We offer two payment options for this course:

- **Upfront payment**

If you want to complete your qualification debt-free you can choose to pay as you go. This means tuition fees will be invoiced each semester and payment is required on or before the due date using EFTPOS, credit card or direct transfer.

- **FEE-HELP**

FEE-HELP is Australian Government's loan scheme for higher education degree courses. It can assist you in paying for all, or part of, your course fees. Repayments commence via the tax system once your income rises above a minimum threshold (\$45, 881 in 2019-20). Just like with any other debt, a FEE-HELP debt is a real debt that impacts your credit rating.

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Further information about FEE-HELP, including eligibility, is available at:

- FEE-HELP website:
<http://studyassist.gov.au/sites/studyassist/help-paying-my-fees/fee-help/pages/fee-help->
- FEE-HELP booklets:
<https://www.studyassist.gov.au/need-more-information/help-publications>

Austudy and Abstudy

Students enrolled in this course may be eligible for government assistance, such as [Austudy](#) or [Abstudy](#).