

# Diploma of Sport Development (Elite) (DIPSPORE17)

## 1. About the Diploma of Sport Development (Elite)

The Diploma of Sport Development (Elite) program provides young athletes with a unique opportunity to combine practical training with a university qualification to help develop the next generation of leaders in sport.

Torrens University works closely with sporting academies to provide you with a full time program of study and athlete development tailored to your goals. Students in this program complete sport specific practical sessions each day, and train in a high performance environment with expert coaching. The structured program runs 4 days per week (Monday-Thursday) at a sporting academy with flexible online learning through Torrens University.

The Diploma of Sport Development (Elite) is a Higher Education, AQF 5, entry-level qualification that provides learners with a solid foundation in the theoretical and practical skills necessary to work effectively in the sport and leisure sector. Taught by experienced industry professionals, who are leaders in the field, the course outcomes enable students to develop essential skills required for gaining employment, securing career progression, or progressing to further qualifications and training required to achieve their goals in the industry.

Torrens University Australia prides itself on being able to meet the needs of those looking to upgrade their skills or move in a different career direction. Our flexible study options and lecturer facilitated online learning platform means that you can study when it suits you best and still receive real-time support from our experienced academic team. The curriculum is designed to be delivered online where students will learn about Sports Management and Sports Science related subjects whilst being immersed in an interactive online experience.

The course structure provides learners maximum flexibility in subjects, so that particular interests and career aspirations within the sport and leisure sector can be realized within the unit assessments. The assessment approach for the qualification allows learners to receive feedback on their progress throughout the course as they provide evidence towards meeting the assessment criteria. Assessments are mapped to specific industry relevant learning outcomes and may include a range of activities including workplace assessment, role-play, problem-based case studies, presentations, written tasks, quizzes and project work. Learners will be encouraged to take responsibility for their own learning and achievement, taking into account industry standards for behavior and performance.

As an important part of the course, learners gain genuine hands on experience within the sport and leisure industry through work integrated learning experiences and completion of practical assessment activities. This experience allows learning to demonstrate applied knowledge and practical skills whilst building industry connections in a range of subjects including, *Coaching Practices, High Performance Training and Injury Management and Developing Sport Participation*.

There are credit and pathway opportunities into a range of Torrens and partner institution undergraduate courses, including Bachelor of Nutrition, Bachelor of Applied Public Health, and Bachelor of Health Science at The Australasian College of Natural Therapies and The Southern School of Natural Therapies, and block credit available to guarantee entry with advanced standing into the Bachelor of Business (Sport Management).

## Graduate employment opportunities

This course will equip you with a solid foundation of knowledge and ability to progress towards a successful and rewarding career within the sporting and leisure industry. Occupational outcomes for this qualification can vary from

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working in community sport through to identifying and developing athletes. Work at this level would be undertaken with a degree of autonomy. As an outcome of this course students may engage in some of the following roles:

- Sports development officer
- Competition manager
- Program developer
- Sports Coach
- Talent development officer
- Sports program co-coordinator
- Sports / recreation facility roles
- Events, and small business management

Find out more about the Australian Rules Football program at:

<https://www.australianrulesacademy.com.au/>

## Course Overview

<b>Course Title</b>	DIPLOMA OF SPORTS DEVELOPMENT (Elite)		
<b>Study Options – Domestic Australian students</b>	Full-time Online.	<b>Study Options – International students</b>	This course is not available to students who require a visa to study onshore in Australia.
<b>Start Dates</b>	January (summer School), February, June, September  For specific dates visit the <a href="#">website</a>	<b>Course Length</b>	Full Time: 1 year
<b>Payment Options - Domestic Australian students</b>	<p><b>Payment Options - Domestic Australian students</b></p> <p><b>Upfront payment</b></p> <p>This means tuition fees are invoiced each trimester and payment is required on or before the due date.</p> <p><b>FEE-HELP</b></p> <p>FEE-HELP is the Australian Government’s loan scheme for higher education degree courses.</p> <p><i>Further information is available within this Course Information Sheet.</i></p>	<b>Payment Options – International students</b>	Not applicable

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	It can assist you in paying for all, or part of, your course fees. Repayments commence via the tax system once your income rises above a minimum threshold (\$54,869 in 2016-17). Just like with any other debt, a FEE-HELP debt is a real debt that affects your credit rating.		
<b>Course study requirements</b>	It is expected that each subject will involve a combined total of 120 hours of structured and self-directed learning, which equates to approximately 10 hours a week per subject over a 12-week trimester.	<b>Assessment</b>	Assessments vary and may include: Essays, reports, case studies, in-class debates, online tests and quizzes, participation in online discussion forums and research projects.
<b>Locations</b>	Online	<b>Delivered by</b>	Torrens University Australia
<b>Provider</b>	Torrens University Australia Ltd is registered as a self-accrediting Australian university by the Tertiary Education Quality and Standards Agency (TEQSA).	<b>CRICOS Course Code</b>	Not applicable
<b>Provider obligations</b>	Torrens University is responsible for all aspects of the student experience, including the quality of course delivery, in compliance with the <a href="#">Higher Education Standards 2015</a>	<b>Accrediting body</b>	Torrens University Australia Limited ABN 99 154 937 005, CRICOS Provider Code: 03389E. RTO No. 41343
<b>Course Fees</b>	For details, refer to the <a href="#">website</a> .	<b>Any other fees</b>	For details, refer to the <a href="#">website</a> .

## 2. Essential requirements for admission

The general admission criteria that apply to Torrens University Australia courses can be located by visiting the Torrens University Australia website - <https://www.torrens.edu.au/general-admission-information-for-torrens-university-australia-ltd>.

## 3. Student Profile

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The table below gives an indication of the likely peer cohort for new students at the institution. It provides data on students that commenced undergraduate study and passed the census date in the most relevant recent intake period for which data are available, including those admitted through all offer rounds and international students studying in Australia.

Applicant background	Trimester one [2020]	
	Number of students	Percentage of all students
<b>(A) Higher education study</b> (includes a bridging or enabling course)	<5	NP
<b>(B) Vocational education and training (VET) study</b>	<5	NP
<b>(C) Work and life experience</b> (Admitted on the basis of previous achievement not in the other three categories)	17	38%
<b>(D) Recent secondary education:</b>		
• Admitted solely on the basis of ATAR (regardless of whether this includes the consideration of adjustment factors such as equity or subject bonus points)	0	-
• Admitted where both ATAR and additional criteria were considered (e.g. portfolio, audition, extra test, early offer conditional on minimum ATAR)	0	-
• Admitted on the basis of other criteria only and ATAR was <b><i>not</i></b> a factor (e.g. special consideration, audition alone, schools recommendation scheme with no minimum ATAR requirement)	27	60%
<b>International students</b>	0	-
<b>All students</b>	<b>45</b>	<b>100%</b>

Notes: “<5” – the number of students is less than 5.  
 N/A – Students not accepted in this category.  
 N/P – Not published: the number is hidden to prevent calculation of numbers in cells with less than 5 students.

## 4. Admission Criteria

Admission Criteria	
<b>Applicants with higher education study</b>	<ul style="list-style-type: none"> <li>A completed higher education qualification at AQF level 5 (diploma) or above, or equivalent, from an Australian University or another accredited higher education provider</li> </ul> OR

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	<ul style="list-style-type: none"> <li>• Successful completion of at least 1 EFTSL (equivalent full time student load, or one full year) of an AQF level 6 (Associate Degree) or above, or equivalent, from an Australian University or another accredited higher education provider</li> </ul>
<b>Applicants with vocational education and training (VET) study</b>	<ul style="list-style-type: none"> <li>• A completed vocational education qualification at AQF level 4 (Certificate IV) or above, or equivalent, from a registered training organisation (RTO)</li> <li>OR</li> <li>• Successful completion of at least 1 EFTSL (equivalent full time student load, or one full year) of an AQF level 5 (Diploma) or above, or equivalent, at a registered training organisation (RTO)</li> </ul>
<b>Applicants with work and life experience</b>	<p>Demonstrated ability to undertake study at the required level:</p> <ul style="list-style-type: none"> <li>• broadly relevant work experience (documented e.g. CV), demonstrating a reasonable prospect of success; OR</li> <li>• formal, informal or non-formal study, completed or partially completed, demonstrating a reasonable prospect of success; OR</li> <li>• written submission to demonstrate reasonable prospect of success.</li> </ul>
<b>English Language Proficiency</b> (applicable to international students, and in addition to academic or special entry requirements noted above)	<b>International Students</b>  Equivalent IELTS 5.5 (Academic) with no skills band less than 5.5
<b>Applicants with recent secondary education</b>	Year 12 or equivalent

## Other admission options

<b>Special Entry</b>	Applicants in any category whose study, work or life experiences disability, illness or family disruption will be given special consideration for admission. Each application will be considered on merit, based on the evidence supplied by the applicant attesting to the circumstances of the applicant. Applicants for special entry may need to complete written or numerical tasks to assist with assessing eligibility for admission.
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## 5. How to apply

Via direct application to the institution

- <https://apply.torrens.edu.au/>

## 6. Advanced standing/academic credit/recognition of prior learning (RPL)

You may be entitled to credit for prior learning, whether formal or informal. Formal learning can include previous study in higher education, vocational education, or adult and community education. Informal learning can include on the job learning or various kinds of work and life experience. Credit can reduce the amount of study needed to complete a degree.

Applicants admitted based on prior higher education study may be eligible for Advanced Standing in the form of credit and/or recognition of prior learning (RPL) under the Torrens University Australia Credit Policy.

- Students with completed subjects may be eligible for specified credit and/or elective exemptions
- Students who have completed a qualification at AQF level 5 (diploma) or above may be eligible for block credit (where a block credit agreement exists)
- Students with a mix of formal study and informal and/or non-formal learning may be eligible for recognition of prior learning in addition to any credit approved.

Credit will not be applied automatically. Applicants must apply for credit and/or RPL as early as possible prior to each study period, with applications not accepted after week 2. For further information about credit and recognition of prior learning please see <http://www.torrens.edu.au/apply-online/course-credits>.

## 7. Where to get further information

- Torrens University Australia (TUA) Website
  - <https://www.torrens.edu.au/>
- Universities Admissions Centre (UAC) Website
  - <https://www.uac.edu.au/>
- Quality Indicators for Learning and Teaching (QILT) Website
  - <https://www.qilt.edu.au/>

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With QILT, you can do side by side comparisons of the quality of the higher education institutions and the study areas that you're interested in.

- <https://www.qilt.edu.au/>

## 8. Additional Information

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## Course Structure

The Diploma of Sport Development (Elite) is a one year course for a full time student. Each year consists of three Study Periods, also known as Trimesters.

## Course Rules

To qualify for the Diploma of Sports Development (Elite), students must satisfactorily complete a program of study consisting of 8 subjects, each of which consists of 10 units.

## Subjects

Subject Descriptions
<p><b>HWEL2001 Body Systems and Disease</b></p> <p>This subject introduces the basic concepts and terminologies required to understand the fundamental structure and function of the human body. The interaction between the structural anatomy of the human body and key body systems, including the musculoskeletal, respiratory, cardiovascular, digestive and endocrine systems that maintain homeostasis is explored. In addition, this subject covers the common disease process that commonly effect the major systems of the body.</p>
<p><b>SPO102 Sports Marketing</b></p> <p>Marketing of sports and recreation is more than simply about the product; it is about broader health and wellness, entertainment, community and generating team or brand loyalty. This unit applies the marketing principles and mix to the field of sports and recreation, to take a broader view on how marketing can support health promotion and advocacy through sport.</p>
<p><b>HWEL2006 Social and Emotional Wellbeing</b></p> <p>The subject covers the principles social, emotional and psychological health as it specifically relates to behaviors. Students will analyze the role of positive emotions in capacity building and the promotion of wellbeing.</p>
<p><b>CPT103 Coaching Practices</b></p> <p>This subject will assist students in developing the necessary skills to source and develop knowledge of general principles of coaching and group facilitation, including National Sporting Organisation (NSO) sport specific requirements. Building on these principles, students will explore the identification, design, implementation and evaluation of a coaching program suitable for a chosen sport.</p>
<p><b>FHN201 Foundations of Human Nutrition</b></p> <p>This subject provides students with fundamental nutrition knowledge through examining the relationship between food, nutrition and human health. Students will learn about macro and micro-nutrition, dietary guidelines, role of nutrition in metabolism, health maintenance and disease, nutrient food sources, and nutritional requirements throughout the lifespan.</p>

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**HPT106 High Performance Training and Injury Management**

This subject will engage students in identifying, designing and implementing training and recovery programs to meet the demands of athlete populations. Students will build upon their anatomy and physiology knowledge to explore training methods and periodisation in the design and implementing of training, injury and recovery programs. For the dedicated coach, this subject will further enable students to identify current injury and illness trends in sport, formulate action plans and injury prevention strategies to reduce incidence and learn how to monitor the success of these initiatives.

**SPO101 Introduction to Sports Management**

In this subject students will be introduced to the field of Sport Management. Students will investigate the historical foundations of sport, management principles, socio-cultural influences of sport and the role of governance in sport. Students will investigate the role sport plays in building communities and analyse the importance that professional sport plays in contemporary society.

**DSE108 Developing Sports Participation**

This subject covers the strategic planning necessary for improving the service provision and needs of target groups in sports and leisure activity. Developing and utilising excellent communication skills to improve key stakeholder relations, students will design and implement participation strategies and evaluate success of the program. This subject draws on many aspects of this course and will assist students to develop essential skills to enhance pathways for emerging talent, increase access and inclusion, and to promote diverse community participation in schools, clubs and community environments.

**Locations**

Fully online academic course through Torrens University Australia, with flexibility to study in your own time.

**Campus Facilities and Services**

All campuses are designed to provide students with professional spaces in which to learn and work. They have been planned with student study needs in mind with well-equipped accessible learning spaces as well as student breakout areas for group work and spending time with friends.

**A positive student experience**

Torrens University Australia values the importance of a positive student experience, and therefore has robust processes to resolve student complaints. The Student Complaints Policy, and associated procedures, can be accessed from the [website \(https://www.torrens.edu.au/policies-and-forms\)](https://www.torrens.edu.au/policies-and-forms).

**Paying for your qualification**

We offer two payment options for this course:

- **Upfront payment**

If you want to complete your qualification debt-free you can choose to pay as you go. This means tuition fees will be invoiced each semester and payment is required on or before the due date using EFTPOS, credit card or direct transfer.

- **FEE-HELP**

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Further information about FEE-HELP, including eligibility, is available at:

- FEE-HELP website:  
<http://studyassist.gov.au/sites/studyassist/help-payingmyfees/fee-help/pages/fee-help->
- FEE-HELP booklets:  
<https://www.studyassist.gov.au/need-more-information/help-publications>

## **Austudy and Abstudy**

Students enrolled in this course may be eligible for government assistance, such as [Austudy](#) or [Abstudy](#).